9th October 2026

Trumpington Park Primary School

Newsletter

Dear Parents/Carers,

Last Thursday, our school proudly joined thousands of schools across the country in celebrating National Poetry Day. Throughout the day, pupils explored a wide range of poems, discovering how poets use language, rhythm and imagery to express ideas, feelings and experiences.

Children took part in poetry reading, performance and writing activities, showing great creativity and enthusiasm. From humorous verses to thoughtful reflections, pupils demonstrated confidence in sharing their own work and appreciating the work of others.

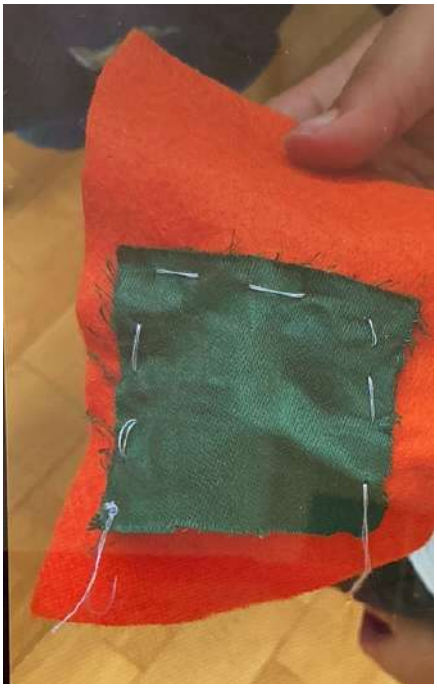
Classrooms were filled with imagination as children experimented with powerful vocabulary, figurative language and different poetic styles. National Poetry Day provided a wonderful opportunity to develop speaking, listening, reading and writing skills while encouraging self-expression and creativity. We were delighted to see so many pupils engaged in poetry and taking pride in their achievements.

Well done to all our young poets for their fantastic contributions and for making this year's National Poetry Day such an inspiring and enjoyable event. We hope the day has sparked a lasting love of poetry across our school community.

Mrs Shute Miss Lett Mrs Crisford

TOGETHER WE ARE PROUD, POSITIVE AND STRIVE FOR SUCCESS

Proud and Positive







Year 6 have been busy developing their sewing skills in D&T, in preparation for designing and creating their very own bags. They have been learning and practising different sewing techniques, building their confidence, patience and attention to detail. We are excited to see their creativity shine as they begin to bring their unique bag designs to life!





Proud and Positive







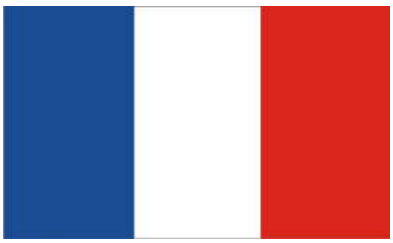


Trumpington Park's Climate Champions Day 2026 🌍

Trumpington Park Primary proudly took part in Climate Champions Day 2026, exploring how Meridian Trust aims to restore the damage caused to our planet by working towards becoming carbon net zero. As part of the day, we carried out audits of our school and local environment, identifying ways we can reduce our environmental impact. Our Eco-Council discussed how we can help lead the way at Trumpington Park by reducing waste, improving recycling and making more sustainable choices. The day was a fantastic opportunity for our pupils to share ideas, think about the changes we can make as a school community and recognise how small actions can contribute to a more sustainable future!

Welcoming new staff

Please join us in welcoming Miss King to the TPPS team. She will be attending to the front desk whilst Mrs Cundy is on a temporary leave from post.



FRENCH

Year 3: Watch Monster Christophe in the kitchen counting the 10 insects needed to make a 10th birthday cake:
1-10 in French

Year 4: Practise the months with this game:
Match up

Year 5: Practise the school subjects with this game:
Four in a row

Year 6: Watch this video to recap how to talk about your family:
Ma famille



Dates for the diary

15th October – Parent Consultations

19th October – Parent Consultations

21st October – Parent Consultations

(Information about how to book will be emailed. Teachers may only offer two of the three specified dates.)

23rd October - INSET day (school closed for children)

26th - 30th October - Half term

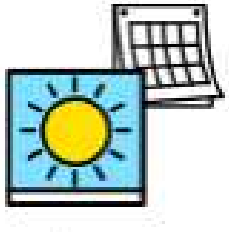
2nd Nov – INSET Day (school closed for children)

5th November – Y5/6 Bletchley Park

11th Nov AM – Y3 Performance (Siblings welcome)

12th Nov PM – Y3 Performance (No siblings)

7th - 9th July 2027 - Y6 Grafham trip



SECONDARY ADMISSIONS ROUND

FOR SEPTEMBER 2027 ENTRY IS NOW OPEN!

SEPTEMBER 2027

Please ensure that parents/carers of any children who are currently being educated outside their normal age group following a deferred Reception / primary start are made aware of the information below as soon as possible.

Children who started Reception a year later than their chronological age, whether as a summer-born child or following an agreement by the Local Authority, may not automatically transfer to secondary school in their current year group.

As secondary schools are their own admission authorities, it is for each secondary school to decide whether they will continue the arrangement and admit a child into their current year group rather than their chronological year group. **The School Admissions Team cannot make this decision.**

CURRENT YEAR 6 PUPILS

Parents should submit a secondary school application via the website:
Secondary school admissions - September 2027 | Cambridgeshire County Council

Parents should contact their preferred secondary school(s) as soon as possible to request confirmation that their child can continue to be educated outside their normal age group.

Once confirmation has been received, the School Admissions Team can advise on the next steps and, where appropriate, remove the application from the standard transfer process.

CURRENT YEAR 5 PUPILS

Parents should contact their preferred secondary school(s) **now** to seek confirmation that the arrangement will continue when their child transfers to secondary school for September 2028.

We would be grateful if you could bring this to the attention of all affected families as soon as possible, to allow sufficient time for decisions to be obtained from secondary schools.

Please do refer them to our next steps booklet for further information:
Information for Secondary Parents - Next Steps 2027-2028



PLEASE CAN YOU ALSO REFER PARENTS TO:

- Summer-born children: advice for parents - GOV.UK (changing schools)
- Making a request for admission out of the normal age group - GOV.UK – "Transfer to other schools".

Cambridgeshire County Council

TRUMPINGTON PARK PRESENTS

Performances 2026- 2027

Please note these dates and timings are subject to change.

Year 3
11th November - AM - Siblings
12th November PM - No siblings

Year 1 Nativity
9th December - AM -Siblings
10th December - AM - No siblings

Year 4
3rd March - AM - Siblings
4th March - PM - No siblings

EYFS
24th March - AM - Siblings
25th March - PM - No Siblings

Year 5
19th May - AM - Siblings
20th May - PM - No siblings

Year 2
16th June - AM - Siblings
17th June - PM - No siblings

Year 6 Production
29th June - AM - Siblings
2nd July - PM - No siblings

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about LOOKSMAXXING

WHAT ARE THE RISKS?

Looksmaxxing is an online trend focused on improving one's physical appearance, particularly among boys and young men. At the milder end, it can involve grooming, skincare, diet and exercise advice, sometimes called "softmaxxing". At its extremes, or "hardmaxxing", it can promote unproven or dangerous practices and contribute to body image concerns, low self-worth, and mental health difficulties.

TARGETING MALE INSECURITIES

Although usually aimed at men, looksmaxxing can also reach boys by promising to improve their appearance and dating success. Forums offer 'objective', and sometimes brutal, views on attractiveness, while influencers may make appearance seem all-important. Advice ranges from useful tips on hygiene, skincare, and fashion to more concerning guidance.

DUBIOUS ADVICE

Some advice moves into dubious territory. One example is "mewing", a tongue exercise claimed to create a more masculine jawline. The American Association of Orthodontists says evidence for its effectiveness is limited and warns that following such guidance could contribute to tooth alignment problems, bite issues, and speech difficulties.

EXTREME REMEDIES

Some DIY remedies are even more extreme and potentially dangerous. While fears of "bonesmashing" – which involves trying to alter the cheekbones using blunt objects for a more 'masculine' appearance – may sometimes be overstated in the media, other guidance can also cause harm. Untrained use of microneedling and derma rollers, taking substances or medication without appropriate medical guidance, and overusing skincare products can all have potentially harmful consequences.

BODY IMAGE ISSUES

This pursuit of physical perfection can become obsessive and contribute to serious body image issues. Exposure to looksmaxxing content can encourage teenagers to tie their appearance to their value and self-worth, as well as making boys and young men feel they need to change perfectly normal aspects of their appearance. This can be associated with disordered eating, overexercising, or other obsessive behaviours that interfere with everyday life.

MENTAL HEALTH PROBLEMS

As well as the physical consequences, body image concerns can be associated with mental health difficulties, such as depression, anxiety, low self-esteem, body dysmorphic disorder, and psychological distress. They can cause problems both at school and at home, with children and young people potentially avoiding social situations because they fear their appearance will be negatively judged by others.

A PATHWAY TO EXTREMES

Looksmaxxing has its roots in online 'incel' communities but has since become more mainstream on platforms such as TikTok. Algorithm-driven feeds may show users more extreme material as they interact with similar content. Some looksmaxxing spaces have also been linked with misogynistic, incel, and white supremacist ideologies.

Advice for Parents & Educators

WATCH FOR CHANGES

Keep an eye out for concerning behavioural changes in children and young people. This could include an obsession with diet and exercise, spending more time on social media apps, becoming secretive with their phone, or a shift in how they interact with friends and family. If a young person suddenly becomes distressed by their appearance or adopts rigid or extreme routines, try to understand what may be behind the change.

CHECK THE SOCIAL MEDIA

Social media algorithms are tailored to each user, meaning what appears on your feeds may be dramatically different from what children see on theirs. Try to get an idea of the content children and young people are consuming online, and use available parental controls where appropriate. TikTok, for example, provides tools that can help families manage or filter certain types of content.

LISTEN FOR THE LINGO

Like many internet communities, looksmaxxing groups and influencers use distinctive language. As well as "mewing", mentioned above, you might hear terms such as "Chad" (an attractive male), "foid" (a misogynistic term for a woman), and "mogging" (looking more attractive than someone else). Other examples involve adding "maxxing" to another word, such as "jestermaxxing" (using humour to attract women) and "starvemaxxing" (extreme dieting).

TALK TO YOUR CHILDREN

Open communication can help children and young people recognise misleading influencers and harmful online communities. Discuss unrealistic ideas about appearance and explain that some creators benefit from controversial or extreme content. Talk about the risks of unqualified health advice and how people's insecurities can be exploited online, while making it clear that it's okay to speak openly about any concerns.

Meet Our Expert

Alan Martin is a technology journalist who has written for publications including Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.



#WakeUpWednesday®

The National College®

See full reference list on our website

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